



# Untangled: Guiding Teenage Girls Through the Seven Transitions Into Adulthood

By Lisa Damour

Random House Audio Publishing Group, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 150 x 130 mm. Language: English . Brand New. Lisa Damour, Ph.D., director of the internationally renowned Laurel School's Center for Research on Girls, pulls back the curtain on the teenage years and shows why your daughter's erratic and confusing behavior is actually healthy, necessary, and natural. Untangled explains what's going on, prepares parents for what's to come, and lets them know when it's time to worry. In this sane, highly engaging, and informed guide for parents of daughters, Dr. Damour draws on decades of experience and the latest research to reveal the seven distinct and absolutely normal developmental transitions that turn girls into grown-ups, including Parting with Childhood, Contending with Adult Authority, Entering the Romantic World, and Caring for Herself. Providing realistic scenarios and welcome advice on how to engage daughters in smart, constructive ways, Untangled gives parents a broad framework for understanding their daughters while addressing their most common questions, including My thirteen-year-old rolls her eyes when I try to talk to her, and only does it more when I get angry with her about it. How should I respond?...



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## Reviews

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