



## Our Favorite Recipes Under 400 Calories

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By Gooseberry Patch

Gooseberry Patch. Spiral bound. Book Condition: new. BRAND NEW, Our Favorite Recipes Under 400 Calories, Gooseberry Patch, Cookbook buyers are on the lookout for satisfying lighter recipes. Our Favorite Under-400-Calorie Recipes offers 60 delicious dishes under 400 calories per serving. Families will love Southwestern Vegetable Soup, Spicy Glazed Chicken with Barley and Kim's Crustless Pizza. even Pumpkin Mousse for dessert! Each recipe is labeled with calories per serving. This little book also includes simple tips to boost flavor while cutting calories, a feature Gooseberry Patch is known for.



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