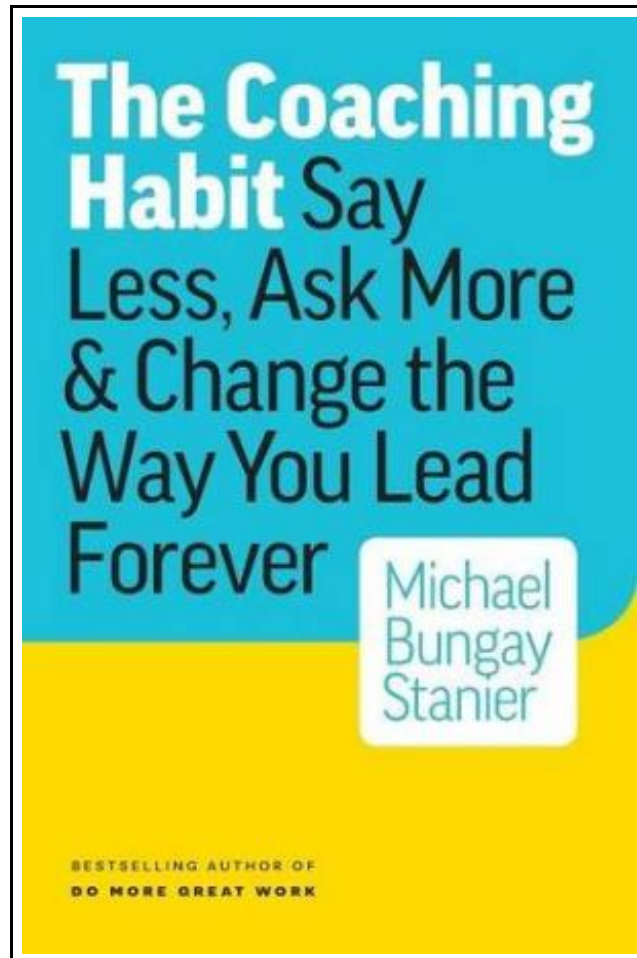


## The Coaching Habit: Say Less, Ask More Change the Way You Lead Forever (Paperback)



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*(Lorena White)*

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Box of Crayons Press, United States, 2016. Paperback. Book Condition: New. 188 x 132 mm. Language: English . Brand New Book. Coaching is an essential skill for leaders. But for most busy, overworked managers, coaching employees is done badly, or not at all. They re just too busy, and it s too hard to change. But what if managers could coach their people in 10 minutes or less? In Michael Bungay Stanier s *The Coaching Habit*, coaching becomes a regular, informal part of your day so managers and their teams can work less hard and have more impact. Coaching is an art and it s far easier said than done. It takes courage to ask a question rather than offer up advice, provide an answer, or unleash a solution. Giving another person the opportunity to find their own way, make their own mistakes, and create their own wisdom is both brave and vulnerable. It can also mean unlearning our fix it habits. In this practical and inspiring book, Michael shares seven transformative questions that can make a difference in how we lead and support. And, he guides us through the tricky part - how to take this new information and turn it into habits and a daily practice. Brene Brown, author of *Rising Strong* and *Daring Greatly* Drawing on years of experience training more than 10,000 busy managers from around the globe in practical, everyday coaching skills, Bungay Stanier reveals howto unlock your peoples potential. He unpacks seven essential coaching questions to demonstrate how by saying less and asking more you can develop coaching methods that produce great results. Getstraight to the point inany conversation withThe Kickstart Question Stay on track during any interaction withThe AWE Question Save hours of time for yourself withThe Lazy Question, andhours of time for...

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