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## Lunch with Buddha

By Roland Merullo

AJAR Contemporaries. Paperback. Book Condition: New. Paperback. 392 pages. Dimensions: 8.4in. x 5.4in. x 1.1in. Named one of the Best Books of 2013 by Kirkus Reviews Heartbreaking in places, hilarious in others, Lunch with Buddha takes its readers on a quintessentially American road trip across the Northwest. That outer journey, complete with good and bad meals, various outdoor adventures, and an amusing cast of quirky characters, mirrors a more interior journey--a quest for meaning in the hectic routine of modern life. Otto Ringling, who's just turned 50, is an editor of food books at a prestigious New York publishing house, a middle-of-the-road father with a nice home in the suburbs, children he adores, and a sense of himself as being a mainstream, middle-class American. His sister, Cecelia, is the last thing from mainstream. For two decades she's made a living reading palms and performing past-life regressions. She believes firmly in our ability to communicate with those who have passed on. In Lunch with Buddha, when Otto faces what might be the greatest of life's emotional challenges, it is Cecelia who knows how to help him. As she did years earlier-- in this book's best-selling predecessor, Breakfast with Buddha--she arranges for her brother to travel...



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