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## Therapist in the Wry: Notes from the Crumbling Edge of Mental Health (Paperback)

By Michael Szilagyi

Jorvik Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A delightful peek into the mental health underworld! Michael Szilagyi mixes dark humor with an endearing compassion for humanity in his breakout publication. A must-read for clinicians, students, and anyone seeking to understand the inner workings of the mental health field. -- Dr. Jennifer M. Durham, D. Min., LPCC-S, CTT, CTS While psychotherapy is not recognized as a particularly amusing career choice, *Therapist in the Wry* delivers a hilarious blow-by-blow account of daily life as a counselor in a community mental health facility in Middle America. After surviving his colorful half-Hungarian family and facing personal tragedies, gross injustices and many minor mishaps, Michael Szilagyi discovered he suffered from attention deficit disorder and other assorted ailments. But his most serious life-long affliction is dark humor syndrome, activated by almost any therapeutic incident, family occasion or domestic ordeal. Pigeonholed as an underachiever through school, he proceeded to ace college and qualify as a licensed clinical counselor. Not being entirely normal, he had an intuitive feel for what his clients must be experiencing. From behind his nom de plume...



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